

Ingrid Jonach, children's author and cat lover

What time do you bounce or crawl out of bed on a Sunday? As late as possible! And it's definitely a crawl, not a bounce.

What's for breakfast? Healthy cereal and fruit, or greasy fry-up? Sunday has to be a treat. Anything unhealthy suits me. Coco Pops are good.

At home or out? Either home or out. I love a big breakfast and a chocolate milkshake from whatever cafe in Manuka has either the sun or the music at the time.

Where, when and how do you get your news and entertainment fix on a Sunday? The papers, television, the radio, or online? The *Sunday Canberra Times*, of course! I love to read the newspaper on a Sunday in the sunshine.

What would your dream day from Sunday breakfast on involve? Jumping in the car for a day trip to the South Coast. It would have to be summer and the wind would have to be offshore, so we could have a surf.

Who would be joining you? My partner Craig. We might leave the cat behind. He's not a big fan of the ocean.

How does it really turn out most weekends? Either doing nothing all day (which means writing) or driving home from visiting family interstate (which also means writing, in the passenger seat of the car).

How about your character Frankie, what would she get up to on her dream Sunday? In *Frankie Goes to France*, Frankie likes to spend her Sundays with her best friend forever Billy, learning French and playing football. It's a dream Sunday compared to the Sunday when her great-aunt makes her do all the household chores.

What did you do last Sunday, what's on today, and what's planned for the next one? Last Sunday I drove back from visiting family interstate. Today I'll be getting ready to do a month of author visits at schools around Canberra. And next Sunday I'd like to say I'll be on a tropical island up north, but that would be a lie.

■ Ingrid Jonach is a children's author and a former *Canberra Times* journalist who currently works in public relations. She is based in Canberra with her partner Craig and their cat Punxsutawney Phil. Her latest book, *Frankie goes to France* (\$14.95) is published by Pan Macmillan today.



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